

Step 3 UA

1. What does admitting that I am an underearner mean for the remaining years of my life?
2. How is underearning affecting my life overall?
3. What does turning my earning over to the care, protection, and guidance of my Higher Power mean to me? What does that look like?
4. What does depending on God mean to me around my earning?
 5. How have I played God around my earning or employment? What were the results of my playing God?
 6. If I knew that Higher Power was truly in charge of my earning and that everything happening now around my earning would work out according to Higher Power's earning plan for me, how would I feel and act?
5. How does that differ from how I feel and act currently?
6. What underearning job, class, profession, plan or underearning situation might I be clinging to desperately?
7. What am I most afraid to surrender about earning?

Step 4 UA

1. How are you still playing God around your earning in either thought or behavior?
2. How have you justified your underearning?
3. What conditions drove you to underearn?
4. How have you insisted on underearning or pushed prosperity away?
5. What perceived or real excuse have you used to not earn more money?
6. How has your underearning affected your standing in your profession?
7. Where do you think you should be in your profession, but have not been able to attain it, because of underearning?
8. In what ways am I still refusing to honor HP on my job, in my business and in other areas of my life?
9. Who do I blame for my underearning?

Step 4

Also includes reading the inventory sheets on the UA website and then deciding to answer and fill out the inventory sheets on resentment, fear and harm.

Step 5

No questions for this step. However, please take this opportunity to list your character defects.

Step 6

No questions for this step. However, please read the Big Book (AA) and the “12 and 12” that coincides with Steps 1-6 and then 7-12. Be prepared to discuss Steps 5 and 6 from the perspective of your reading.

Step 7 UA

1. How does acceptance help me stay prosperous?
2. What do I need to accept that will enhance my UA recovery?
3. How can I develop more acceptances that will lead to more prosperity?
4. What useful purpose for my life do I need to accept?
5. What do I need to accept in my UA recovery right now?
6. What have I achieved that is a victory that belongs to HP? “This is more of God’s success than mine.”
7. How does acceptance enhance my UA recovery?
8. In what ways have I tried to shape my own destiny by my own intelligence and labor, by my own self-will, but failed?
9. Why do I need a Higher Power to remove my underearning thinking and behaving?
10. What will happen if HP does not remove my underearning thinking and behaving?
11. Who will I be if HP DOES remove my under earning defects?

Step 8 and 9 UA

Again, there are not any questions for these steps.

Step 8 UA

Make an amends list, based on Step 4 inventories.

Step 9 UA

Be prepared to make your amends through meditation, prayer and action and directly if it is not of harm to yourself or others.

Step 10 UA

1. In what ways do I continue to under-earn in my recovered life today?
2. What UA tools do I need to incorporate in order to maintain my new found belief that prosperity is possible one day at a time?
3. What underearning defects do I continue to struggle with presently and why?
What tool can I use to correct the defect?
4. What have my underearning thoughts and behavior robbed me of?
5. What negative thoughts, beliefs and feelings around prosperity and my vision do I need my Higher Power to remove from my consciousness one day at a time?
6. How does my underearning continue to defeat me?
7. What can I do to recover from this defeat one day at a time in UA?

8. What is preventing me from walking in faith that God will make me rich?

Step 11 UA

1. What underearning rut has God saved me from?
2. In what ways am I still underearning? Under-being? Under-self-caring? Still hiding?
3. What do I believe God's will or plan is for my prosperity?
4. What is the UA philosophy? Am I practicing it fully? Why or why not?
5. What tools of UA do I need to incorporate into my daily living?
6. What pain and sorrow did I suffer from underearning do I need to remember?
7. How has my personality changed as a result of practicing the steps and tools of UA?
8. What prosperity am I currently enjoying as a result of my step work in UA?
9. What prayers do you want to use regularly to maintain and deepen your recovery from underearning? Prayers to recover from under-being? Prayers to shine? To prosper? To love?
10. What meditation(s) can you use to make and keep a “conscious contact with God?”
11. What are some pages in the Big Book or the “12 and 12” that have prayers pointed out? Print out on 3x5” cards some prayers you want to regularly use for your recovery. Keep them with you and read them with focus and feeling, daily.

Step 12 UA

What new prosperity have I been given since working the steps in UA?

What spiritual awakening or insights am I aware of around my underearning behaviors and thoughts?

What do I believe I am capable of, now that I have worked the 12 Steps in UA?

What new path am I on, now that I have worked the steps in UA?

What free gift from HP have I received around prosperity in UA?

In what ways have I been obsessively underearning that I am now aware of?

What can Higher Power do to lift me out of my underearning?

What can I do to assist another underearner to recover from their underearning?

What service can I offer to other under-earners in meetings?

What service can I offer to the larger community to assist others to become their most prosperous, compassionate and fulfilled selves?

What actions can I take to be in service to my Higher Power, to God as I understand God?

What benefits might I gain by allowing my life to be in “conscious contact with God” daily?